



SOCIAL SCIENCE STUDENTS' COUNCIL

INTERNATIONAL STUDENT RESOURCE GUIDE

2021-2022

TABLE OF CONTENTS

WESTERN INTERNATIONAL STUDENT SUPPORT	1
WESTERN COVID-19 NEED TO KNOW	2
GETTING INVOLVED ON CAMPUS	3
ACADEMIC SUPPORT	5
HEALTH & WELLNESS	8
FINANCIAL SUPPORT	
LONDON COMMUNITY	
OUT OF LONDON TRANSIT	

Western International Student Support

International & Exchange Student Centre (IESC)

About: Provide a variety of services and programming for international and exchange students at Western.

- **Services include:** Advising Services on Visas and Permits, International Travel enquires due to COVID-19 travel regulations, Immigration FAQ sessions amongst other services.
- **Programs include:** Global Café, Orientation Activities, International Week, Peer Guide Program, English Conversation Program amongst other programs.

Website: <https://iesc.uwo.ca/>

Phone Number: 519-661-2111, Ext. 89309

Email: iesc@uwo.ca

Location: 2nd floor, International and Graduate Affairs Building (IGAB), Hours: 9:00am - 4:00pm

Want to meet with an International Student Advisor?

(1) In-person drop-ins: 10 to 15 minute conversations on the 2nd floor of the IGAB building Monday to Friday between 1:00pm to 4:00pm

(2) Virtual drop-ins: Register on IESC events calendar for walk-in Zoom sessions Fridays 9:00am to 10:00am EST

- **Website:**

<https://www.events.westernu.ca/events/iesc/>

(3) Book an appointment: 30 minutes via their book an appointment page

- Website: <https://iesc.uwo.ca/appointment/index.html>

Western International Student Support

International Student Support (ISS)

About: ISS is a University Students' Council (USC) Peer Program that creates programming for international and exchange students on campus. Programming ranges from socials, social media campaigns to collaborations with other western peer programs, clubs or with IESC.

Social Media

Facebook:

<https://www.facebook.com/InternationalStudentSupportUSC>

Instagram: <https://www.instagram.com/usciss/>

Western COVID-19 NEED TO KNOW

Information for new or returning International Students arriving from Outside of Canada to study at Western for the 2021-22 Academic Year:

<https://iesc.uwo.ca/internationalarrival/index.html>

Covid-19 Website: <https://www.uwo.ca/coronavirus/>

International Student Covid-19 FAQs:

<https://iesc.uwo.ca/COVID-19-FAQs.html>

Getting Involved on Campus

Join a Club

What type of clubs can you join at Western?

There are over 200 clubs within the USC clubs system that fall under various categories:

- Academics
- Affiliates
- Business/Finance
- Community Volunteering/Philanthropy
- Cultural
- Health & Wellness
- Hobbies/Special Interest
- Media
- Music/Performing Arts
- Politics/Social Justice
- Sports
- Sustainability

Search for clubs of interest: <https://club-spotlight.ca/booths/>

Deadline to purchase a club member for all clubs: **January 31st 2022**

Link - <https://www.westernusc.store/club-memberships/>

Want to learn more about the various clubs at Western:
<https://westernusc.ca/clubs/>

Getting Involved on Campus

Get Involved with Peer Programs

The University Students' Council (USC) has 11 Peer Programs:

- Peer Support Centre
- Allyship Network
- Accessibility Committee
- Ethnocultural Support Services
- Gender Equality Network
- Indigenous Relations
- International Student Support
- Pride Western
- Health Promotions
- EnviroWestern
- Public Arts

USC website for more information:

<https://westernusc.ca/your-voice/vp-student-support-and-programming/>

Academic Support

Writing Support Centre (WSC)

About: Provide students with writing workshops, seminars, annual writing conferences, summer writing transition programs and one-on-one advising sessions.

Website: <http://writing.uwo.ca/>

Western Employment Resource Centre (WERC)

About: Provides students with help on their resumes, cover letters, CVs and LinkedIn profiles. WERC also offers interview practice and personal statement support.

Website: http://career.uwo.ca/prepare/resume_cv/werc.html

Learning Development & Success Centre

About: Provide resources and supports to all students at Western. This includes coping with the demands of post-secondary learning, helping to identify strengths and develop new skills and strategies for success.

Website: <https://www.uwo.ca/sdc/learning/>

Academic Support

Faculty Academic Counselling

About: Provides assistance to students during their academic career such as guiding students through academic challenges, identifying options, and helping students through decision-making with regards to course and program choices.

Social Science Academic Counselling:

<https://counselling.ssc.uwo.ca/>

DAN Management & Organizational Studies Counselling:

https://dan.uwo.ca/undergraduate/academic_advising.html

All other Faculty Academic Counselling:

https://www.registrar.uwo.ca/faculty_academic_counselling.html

English Language Support

About: Provides students with a variety of options to improve their proficiency in written and spoken English.

Website:

https://www.uwo.ca/international/iesc/student_life/academic_life/english_language_support.html

Academic Support

Internships

There are two internship programs within the Social Science Faculty that are open to international students. International students do require a Co-op Work Permit to work while on internship and IESC advisory team is available to help you in the application process.

Social Science Internship Program:

Who can apply? Social science students in year 2, 3 or 4 for a short-term internship (10 weeks to 4 months) and students in year 3 of a four-year program for a long-term internship (8 to 16 months)

Link for more information:

<https://www.ssc.uwo.ca/undergraduate/InternshipsSocialScience/index.html>

DAN Management Internship Program:

Who can apply? Social science students enrolled in the 3rd year of a 4-year undergraduate BMOS degree in DAN Management.

Link for more information:

https://dan.uwo.ca/undergraduate/internships/for_students/index.html

Health & Wellness

On Campus

International Student Wellness

About: Jointly created by Student Experience and the International and Exchange Student Centre at Western University. It discusses 7 dimensions of health & wellness that can be related to the international student experience.

Website: <https://iwellness.uwo.ca/>

Support Services for Western Students Outside of Canada

Available 24/7 via phone: 1-215-942-8479 or any number on Assistance Center phone numbers

• **Assistance Centre phone number card:**

https://www.uwo.ca/international/learning/pdf/safety_abroad/I_SOS_Electronic%20Membership%20Card.pdf

Website:

https://international.uwo.ca/learning/safety_abroad/international_sos_login/index.html

University Health Insurance Plan:

About: University Health Insurance Plan (UHIP) is a mandatory health insurance plan for all international students, employees and their dependents (spouse and/or children) at Western University who are not covered by the provincial health insurance plan (OHIP).

Website:

https://www.uwo.ca/international/iesc/new_students/health_care_and_wellness/university_health_insurance.html

Financial Support

International Student Financial Assistance:

About: Western offers financial assistance to international students through scholarships, bursaries, work opportunities and emergency loans.

Website:

https://www.uwo.ca/international/iesc/student_life/money_and_taxes/financial_assistance/index.html

Applying for Social Insurance Number

About: A Social Insurance Number (SIN) is a nine-digit number that is required for every worker in Canada. If you plan to work while in Canada, either as an on-campus or off-campus employee, or a teaching or research assistant, you must have a Social Insurance Number in order to receive payment for work in Canada.

Website:

https://www.uwo.ca/international/iesc/visas/working_and_volunteering/social_insurance_number.html

Financial Counselling:

About: If you have concerns about your educational finances and need to discuss them confidentially, make an appointment with one of our Student Financial Aid Officers.

Website:

https://www.registrar.uwo.ca/student_finances/financial_counselling/index.html

For More Resources visit:

https://www.uwo.ca/international/iesc/student_life/money_and_taxes/index.html

London Community

Ethnic Grocery Stores

Festival Food- Mart

Location: 456 Southdale Rd E, London, ON N6E 1AE

United Supermarket

Location: 1063 Adelaide Street N, London, ON, N5Y 2N1

Food Island Supermarket

Location: 530 Oxford Street W, London, ON, N6H 1T6

Indo-Asian Groceries and Spices

Location: 689 Oxford St W, London ON, N6H 1V1

Superking Supermarket

Location: 785 Wonderland Rd S, London, ON N6K 1M6

Babu's Mart

Location: 462 Cheapside St, London, ON N5Y 3X2

London Community

Salons / Barbers

Vanity House

Location: 124 Dundas St, London, ON, N6A 1G1

Number: (519)963-0757

Website: <https://www.vanityhouse.ca/>

Instagram: londonvanityhouse

Braids & Wigs

Location: 1478 Dundas St, London, ON, N5W 3B9

Website: <https://braidsandwigs.ca/>

Instagram: braidsandwigs_store

Ox and Bow

Location: 205 Oxford St E #102, London, ON, N6A 5G6

Number: (519) 854-9269

Instagram: ox_and_bow_barbershop

United Kutz

Location: 147 King St, London, ON, N6A 1C3

Number: (519)936-5889

Instagram: united_kutz_official

Out of London Transit

Travel between cities

London Via Rail

About: Provides out of London transportation between the Windsor and Quebec City, with stops at other cities across Ontario.

Location: 205 York St, London, ON N6A 1B1

London Website: <https://www.viarail.ca/en/explore-our-destinations/stations/ontario/london>

Via rail Website: <https://www.viarail.ca/en>

London Go Transit (NEW)

About: Provides out of London transportation from London to Toronto and London to Kitchener.

Location: 205 York St, London, ON N6A 1B1

London Website: <https://www.gotransit.com/en/stations-stops-parking/london-go-train-service>

Go Transit website: <https://www.gotransit.com/en/>

Airport transportation

Robert Q

About: Provides convenient Airbus Travel to or from Detroit, Toronto or London Airports.

Location: 105 Wharncliffe Rd S, London, ON N6J 2K2

Website: <https://reservation.robertq.com/airbus/>

Student discounts available all services listed

SSSC CONTACT



Website:

<https://www.ssscwestern.com/>



Facebook:

<https://www.facebook.com/ssscwestern>



Instagram:

<https://www.instagram.com/ssscwestern/>



Tiktok:

https://www.tiktok.com/@sssc_western